










JANUARY 2018 - WAYNE PUBLIC MIDDLE SCHOOL MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| <p>HAPPY NEW YEAR</p> | <p>2 Traditions <i>Macaroni & Cheese w/WG Dinner Roll, Sauteed Spinach, Fresh Apple & Romaine Tossed Salad</i></p> <p>Honor Roll All Beef Spiral Hot Dog</p> <p>Upper Crust Pepperoni Calzone</p> <p>Stacks <i>Tuna Salad Hoagie</i></p> <p>SE- Large Garden Salad</p> <p>LUCKY TRAY DAY 😊</p> | <p>3 Traditions NATIONAL SOUP MONTH  Chicken Parm Sandwich Steamed Broccoli, Diced Peach Cup & Romaine Tossed Salad</p> <p>Honor Roll Bacon Cheddar Burger</p> <p>Upper Crust Smoky BBQ Chicken Pizza</p> <p>Stacks <i>Balsamic Roasted Veggie Wrap</i></p> <p>SE- Antipasto Salad</p> <p>SOUP - Chef's Choice</p> | <p>4 Traditions NATIONAL SPAGHETTI DAY  Spaghetti & Meatballs w/Grain Bread, Golden Banana, Romaine Tossed Salad</p> <p>Honor Roll Cuban Style Sandwich</p> <p>Upper Crust Meat Lover's Pizza</p> <p>Stacks <i>Egg Salad Hero</i></p> <p>SE- Chicken Caesar Salad</p> | <p>5 Traditions California Cheeseburger Green Pepper Strips, Crunchy Grapes & Romaine Salad</p> <p>Chef's HOT Choice Honor Roll MAJOR FLAVOR MELTDOWN  Memphis Meltdown Sandwich</p> <p>Upper Crust <i>Three Cheese Calzone</i></p> <p>Stacks Italian Hero</p> <p>SE- Chef Salad</p> |
| <p>8 Traditions BREAKFAST FOR LUNCH  Golden Waffles w/Turkey Sausage, Sweet Potato Bites, Fresh Apple Spinach Tossed Salad</p> <p>Honor Roll Double Dogs- Dare ya</p> <p>Upper Crust Buffalo Chicken Pizza</p> <p>Stacks Turkey & Cheese Wrap</p> <p>SE- Garden Salad</p> <p>LUCKY TRAY DAY 😊</p> | <p>9 Traditions Popcorn Chicken w/WG Dinner Rolls, Oven Baked French Fries Mixed Fruit Cup & Spinach Salad</p> <p>Honor Roll Bacon Cheese Burger</p> <p>Upper Crust Pepperoni Stromboli</p> <p>Stacks Ham & Swiss on Rye</p> <p>SE- Large Garden Salad</p> | <p>10 Traditions Rotini w/Meatsauce or Marinara Garlic Bread, Broccoli Bites Fresh Apple Smiles, Spinach Tossed Salad</p> <p>Honor Roll Chicken Parmesan Sandwich'</p> <p>Upper Crust <i>Tomato Basil Pizza</i></p> <p>Stacks Honey Mustard Chicken Wrap</p> <p>SE- Antipasto Salad</p> | <p>11 Traditions Nachos Supreme, Bean Salad, Golden Banana, Spinach Tossed Salad</p> <p>Honor Roll <i>Tuna Melt</i></p> <p>Upper Crust <i>Veggie Pizza</i></p> <p>Stacks Roast Beef & Provolone w/ a Honey Mustard Spread</p> <p>SE- Buffalo Chicken Salad</p> | <p>12 Traditions Baked Chicken Fries Steamed Green Beans, Golden Peach Cup & Spinach Salad</p> <p>Chef's HOT Choice Honor Roll Cheese Burger Wrap</p> <p>Upper Crust <i>French Bread Pizza (Plain/Pepperoni)</i></p> <p>Stacks <i>Balsamic Eggplant w/ Tomato and Mozzarella Sandwich</i></p> <p>SE- Chef Salad</p> |
| <p>15</p> <p>School Closed</p> <p>Dr. Martin Luther King Jr. Day</p> | <p>16 Traditions Oven Baked Chicken w/Biscuit Tater Tots, Fresh Apple Romaine Tossed Salad</p> <p>Honor Roll Cheesesteak Sub</p> <p>Upper Crust <i>Broccoli Pizza</i></p> <p>Stacks <i>Egg Salad Pita</i></p> <p>SE- Large Garden Salad</p> <p>HEALTHY HEART DAY 😊</p> <p>LUCKY TRAY DAY</p> | <p>17 Traditions Chicken & Cheese Quesadilla w/Salsa, Sauteed Kale Fresh Melon Cubes & Romaine Tossed Salad</p> <p>Honor Roll Sausage & Pepper Hero</p> <p>Upper Crust Classic Calzone</p> <p>Stacks Turkey Club on Whole Wheat</p> <p>SE- Antipasto Salad</p> | <p>18 Traditions Boneless Wings w/Oven Baked Fries, BBQ Baked Beans Mixed Fruit Cup & Romaine Salad</p> <p>Honor Roll Spicy Buffalo Chicken Wrap</p> <p>Upper Crust Sausage Pizza</p> <p>Stacks All American Sandwich</p> <p>SE- Buffalo Chicken Salad</p> | <p>19 Traditions Chicken Tacos w/ Spicy Salsa, Soft or Hard Shell, Celery Sticks, Golden Banana & Romaine Salad</p> <p>Chef's HOT Choice Honor Roll BBQ Beef Rib a Que Sandwich</p> <p>Upper Crust <i>Penne Pizza</i></p> <p>Stacks BBQ Chicken Wrap</p> <p>SE- Chef Salad</p> |
| <p>22 Traditions  Fluffy Pancakes w/Turkey Sausage, Cinnamon Sweet Potatoes, Melon Bites Spinach Tossed Salad</p> <p>Honor Roll MAJOR FLAVOR MELTDOWN  Monte Cristo Melt</p> <p>Upper Crust <i>Local Outside Pizza</i></p> <p>Stacks Italian Hero</p> <p>SE- Chicken Caesar Salad</p> | <p>23 Traditions  WORLD MONTHLY FLAVOR - ECUADOR Arroz con Menestra de Lentajas con Patacones (Rice w/Lentils in Sauce & Fried Plantains) Mixed Fruit Cup & Spinach Salad</p> <p>Honor Roll Chicken Parm Sandwich</p> <p>Upper Crust <i>Tomato & Cheese Eppy Roll</i></p> <p>Stacks Veggie Supreme</p> <p>SE- Large Garden Salad</p> | <p>24 Traditions <i>Penne Pasta w/ a Pink Sauce or Meatsauce</i> <i>Garlic Bread, Broccoli Bites</i> <i>Fresh Apple & Spinach Salad</i> <i>Broccoli, Fresh Apple &</i></p> <p>Honor Roll Grilled Chicken Sandwich</p> <p>Upper Crust Supreme Pizza</p> <p>Stacks <i>Plain Tuna & Tomato Wrap</i></p> <p>SE- Antipasto Salad</p> <p>LUCKY TRAY DAY 😊</p> | <p>25 Traditions Hot Oven Roasted Turkey w/Gravy, Mashed Potatoes Baked Beans, Pineapple Tidbits & Spinach Salad</p> <p>Honor Roll <i>Cheese Quesadilla w/ Salsa</i></p> <p>Upper Crust Meat Lover's Pizza</p> <p>Stacks Turkey & Pepperjack Cheese Sub</p> <p>SE- Buffalo Chicken Salad</p> | <p>26 Traditions <i>Breakfast for Lunch</i> <i>French Toast Sticks w/ Syrup, cucumber Slices, Golden Banana & Spinach Salad</i></p> <p>Chef's HOT Choice Honor Roll BBQ Beef Rib a Que Sandwich</p> <p>Upper Crust <i>Bagel Pizza (Plain/Pepperoni)</i></p> <p>Stacks Ham & Swiss Wrap</p> <p>SE- Chef Salad</p> |
| <p>29 Traditions Chicken or Vegetable Lo Mein w/ Fortune Cookie, Asian Vegetables, Melon & Romaine Salad</p> <p>Honor Roll All Beef Spiral Hot Dog</p> <p>Upper Crust Pepperoni Calzone</p> <p>Stacks <i>Tuna Salad Hoagie</i></p> <p>SE- Large Garden Salad</p> <p>LUCKY TRAY DAY 😊</p> | <p>30 Traditions Taco Tuesday Twin Tacos (1 Soft or 2 Hard) Confetti Corn, Golden Banana & Romaine Salad</p> <p>Honor Roll Bacon Cheddar Burger</p> <p>Upper Crust Smoky BBQ Chicken Pizza</p> <p>Stacks <i>Balsamic Roasted Veggie Wrap</i></p> <p>SE- Antipasto Salad</p> | <p>31 Traditions Chicken Tenders Oven Baked Smiley Fries Golden Peach Cup Romaine Tossed Salad</p> <p>Honor Roll Cuban Sandwich</p> <p>Upper Crust Meat Lover's Pizza</p> <p>Stacks <i>Egg Salad Hero</i></p> <p>SE- Chicken Caesar Salad</p> <p>RECOGNITION CAKE DAY 🎂</p> |  |  |

AVAILABLE DAILY

| | |
|-------------------------|-----------------|
| Hamburger | Cheese Pizza |
| Cheeseburger | Pepperoni Pizza |
| Made to Order Deli | Tossed Salad |
| Fresh Vegetables | Fresh Fruit |
| 1% Unflavored Milk | 100% Juice Cup |
| Fatfree Unflavored Milk | |
| Fatfree Chocolate Milk | |

SCHOOL MEAL PRICES

(Prices subject to change)

| | | |
|-----------------|--------|---|
| Lunch | | |
| Paid | \$2.75 | <i>Italicized and underlined items are vegetarian</i> |
| Reduced | \$0.40 | |
| Adult | \$3.50 | |
| A la Carte Milk | \$0.55 | |

WORK WHILE YOUR CHILD IS IN SCHOOL

Foodservice positions available. No experience necessary, but preferred. Paid training, if interested call School Nutrition office at 973-317-2239

